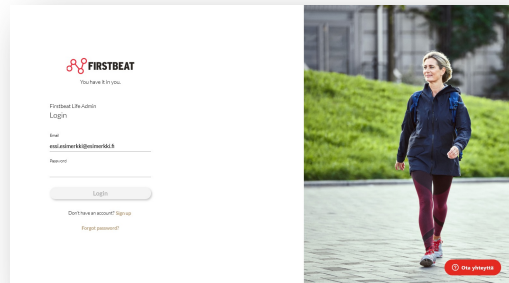


This is how you start Firstbeat Life for an individual

1

LOGIN TO FIRSTBEAT LIFE ADMIN.

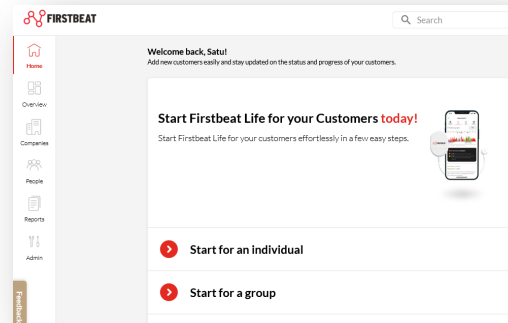


Login to Firstbeat Life Admin at <https://admin.firstbeatlife.com/provider//>

You received your username and password from: service@firstbeat.com

2

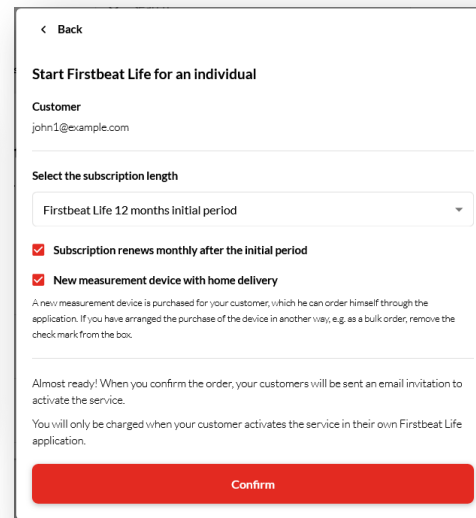
START BY SELECTING "START FOR AN INDIVIDUAL".



Start in the Home view by selecting "Start for an individual". After that, enter your customer's email address in the window that opens and press "Next".

3

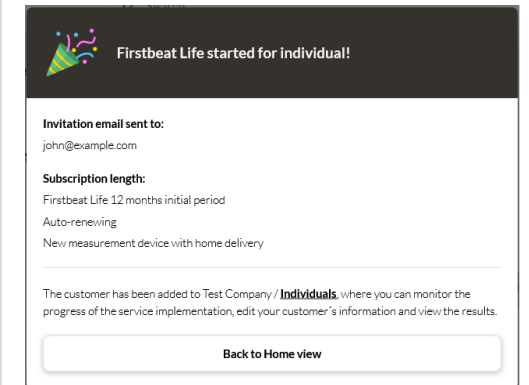
SELECT SUBSCRIPTION LENGTH.



Choose the duration of the subscription and whether the subscription will be renewed monthly after the initial period. Choose whether to order a new measuring device for your customer with home delivery. Finally press "Confirm"

4

YOUR CUSTOMER WILL RECEIVE THE INVITATION IN THEIR EMAIL.



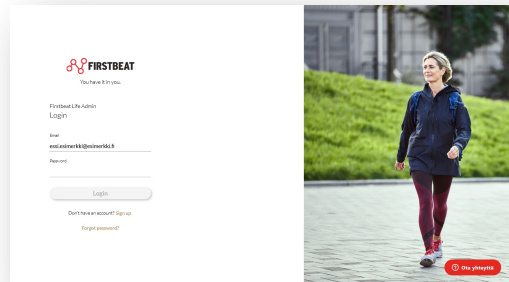
Everything is now ready for you!

Your customer will receive an invitation message and instructions by e-mail. Customer activates the service in their own application. After this, (s)he can start the measurements independently.

This is how you start Firstbeat Life for a group

1

LOGIN TO FIRSTBEAT LIFE ADMIN.

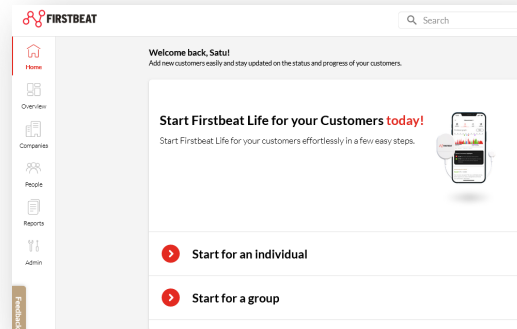


Login to Firstbeat Life Admin at <https://admin.firstbeatlife.com/provider//>

You received your username and password from: service@firstbeat.com

2

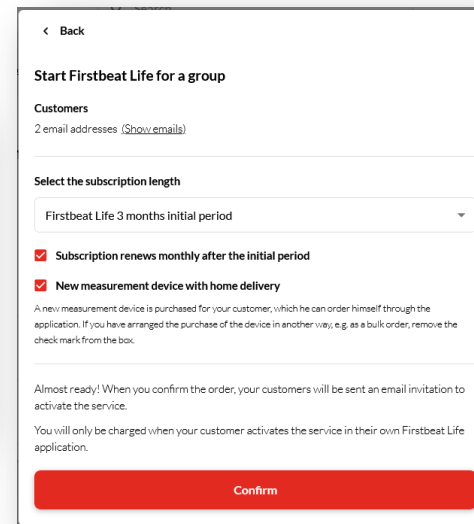
START BY SELECTING "START FOR A GROUP".



Start in the Home view by selecting "Start for a group". After that, enter your customers' email addresses in the window that opens and press "Next".

3

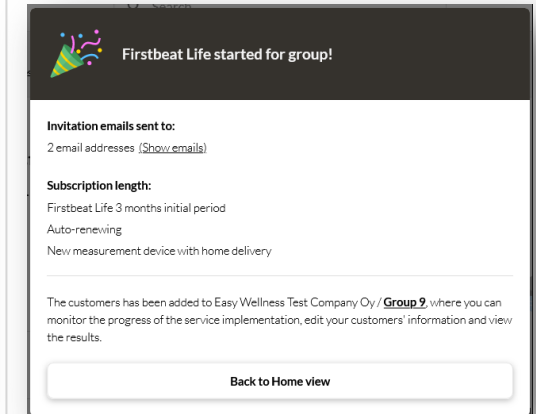
SELECT SUBSCRIPTION LENGTH.



Choose the duration of the subscription and whether the subscription will be renewed monthly after the initial period. Choose whether to order new measuring devices for your customers with home delivery. Finally press "Confirm"

4

YOUR CUSTOMERS WILL RECEIVE THE INVITATIONS IN THEIR EMAILS.



Everything is now ready for you!

Your customers will receive invitation messages and instructions by e-mail. Your customers activate the service in their own application. After that, they can start the measurements independently.